



# Emanuel School

## Life Education Newsletter

Autumn 2020

September is often a busy time for students. New forms and classroom sets, or the beginnings of exam courses make the start of autumn term an exciting and challenging experience. At Emanuel, we are aware that these feelings will be exacerbated by every child's experience during the last five months. We will use part of our Life Education programmes to minimise any feelings of isolation and confusion as well as covering exam preparation and the path to becoming an independent learner.

Below are some of the key events happening in Life Education this term. Of course some of these may be delivered in unconventional ways, but will still be inspiring and of the highest quality.

### Lower School

During the first half of the autumn term in their Life Education lessons, Year 7 pupils will have a general induction to the school's routines and processes, learn about 'Mind your 5', our mental health initiative, and discuss issues related to friendships. The Chaplain will join us for a session on bereavement and pupils will have an opportunity to learn some First Aid skills. An underlying theme will be a reaction to the pandemic and what pupils are feeling as they return to school.



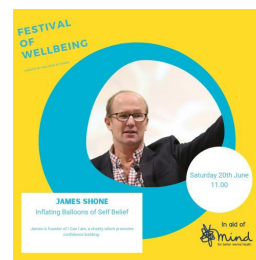
### Middle School

Years 9, 10 and 11 have a broad and balanced programme which will focus both on achieving academic excellence and the challenges of the outside world. We will also welcome back 'Elevate Education' to help pupils with exam preparation and general good practice.

<https://emanuel.fireflycloud.net/study-skills-1/revision-guidance-for-pupils>

In addition to tutor-led Life Education we will hear from the following speakers, either in school or remotely:

- **Building Academic Confidence (James Shone).** Motivational Speaker James Shone will address Year 10. Mr Shone is from the charity I Can & I Am, who aim to inspire confidence and to 'inflate balloons of self-belief'.
- **James Hoskison** will talk on 'risks and consequences' remotely for our Year 11s. Mr Hoskison comes with the highest recommendations and will base his talk on the dangers and consequences of unnecessary risks and how these can have dire and lifelong consequences for young people.



### Sixth Form

Upper Sixth – UCAS and Higher Education preparation including writing of personal statements, researching and making choices about courses. Planning is underway for some of the usual talks by visiting speakers covering topics such as: Black Lives Matter; prison life; digital privacy; conservation and the Anthony Nolan Trust.



Lower Sixth – Surviving workload and adapting to A level study including live or virtual talks by staff and Upper Sixth pupils. Information about Oxbridge and revision planning will also be covered. Planning is underway for some of the usual talks by visiting speakers covering topics such as: Black Lives Matter; cancer awareness; managing stress and anxiety; drugs; HIV awareness.

## Topics this term will include:

Year 6	The transition to secondary learning
Year 7	Friendship, change and mental health
Year 8	Mental health, dealing with change and finance
Year 9	The pursuit of happiness and skills for success
Year 10	Building academic confidence / social entrepreneurship
Year 11	Building resilience and navigating the unknown
Lower Sixth	Managing workload and making good choices
Upper Sixth	Looking ahead to Higher Education

## Key contacts:

Deputy Head: Pastoral	Mr Ravi Kothakota <a href="mailto:ravi.kothakota@emanuel.org.uk">ravi.kothakota@emanuel.org.uk</a>
School counsellors	Mrs Tess Bhokanandh Mrs Liz Morrissey Mrs Alison Siddiqui <a href="mailto:counsellor@emanuel.org.uk">counsellor@emanuel.org.uk</a>
<b>The safeguarding team consists of:</b>	
Designated Safeguarding Lead	Mr Ravi Kothakota (Deputy Head: Pastoral) <a href="mailto:ravi.kothakota@emanuel.org.uk">ravi.kothakota@emanuel.org.uk</a>
Head of Safeguarding	Ms Hannah Mackenzie (Teacher of History) <a href="mailto:hannah.mackenzie@emanuel.org.uk">hannah.mackenzie@emanuel.org.uk</a>
Deputy Designated Safeguarding Leads	Mrs Jo McIsaac (Head of Middle School) <a href="mailto:joanna.mcisaac@emanuel.org.uk">joanna.mcisaac@emanuel.org.uk</a> Ms Hannah Windsor (Head of Lower School) <a href="mailto:hannah.windsor@emanuel.org.uk">hannah.windsor@emanuel.org.uk</a>
<b>Key Life Education contacts:</b>	
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